



Hayden's Helping Hands

ACN: 617 841 157 ABN: 21 617 841 157

PO Box 89, Kingsbury 3083

<http://www.haydenshelpinghands.org>

Thank you for considering taking part in sourcing goods for Hayden's Helping Hands. This list will help you collect the most useful items for Hayden's Helping Hands.

Non-perishable food

- Tinned food with pull ring (Tuna etc)
- Fruit Tubs
- Muesli Bar
- Bottled water
- Prima's (Fruit juice, Milk etc)
- Rice
- Pasta and Pasta Sauce
- Chips
- Soups
- Tinned fruits
- Instant noodles
- Biscuits
- Chewing gum
- Breath Mints

Clothes and other items

- New Toys
- Blankets
- Working Mobile Phones with charger
- Sleeping bags
- Gift Voucher (Coles, Woolworths)
- Deodorant
- Toothpaste
- Feminine hygiene products
- Soap
- Toothbrush
- Summer Clothes (T-Shirts, Shorts, Thongs)
- Everyday Clothes (New Socks, Underwear, runners)
- Winter Clothes (Jumpers, pants, beanies, jackets)

Thank you, Every little bit helps makes a difference

Regards,

Hayden's Helping Hands



Arnold Bloch Leibler

Lawyers and Advisers